Hadley

Catalog
Updated: 09/20/2026

Workshops

Concise, practical help you can put immediately to use. Direct access to live support from experts in the field.

Books and TV

Digital Talking Book Standard Player Series

When print is too small to see, this free device lets you listen to books and publications out loud.

Online, braille, large print and DTB

- **Standard Talking Book Player: Getting to Know Your NLS Player**
- **Standard Talking Book Player: Navigating the Bookshelf**
- **Standard Talking Book Player: The NLS Cartridge**

Digital Talking Book Advanced Player Series

When print is too small to see, this free device lets you listen to books and publications out loud.

Online, braille, large print and DTB

- **Advanced Talking Book Player: Navigating a DAISY Book**
- **Advanced Talking Book Player: Getting to Know Your NLS Player**
- **Advanced Talking Book Player: Navigating the Bookshelf**
- **Advanced Talking Book Player: The NLS Cartridge**

BARD Express Low Vision Series

Learn to use the National Library Service's free program for audio and braille books and magazines.

Online, large print and DTB

- BARD Low Vision: Intro to BARD Express Main Menu
- BARD Low Vision: Browsing BARD's Recently Added and Most Popular Books
- BARD Low Vision: Search BARD
- BARD Low Vision: Downloading and Transferring Book to Cartridge
- BARD Low Vision: Settings and Preferences
- BARD Low Vision: Applying for a BARD Account

BARD Express Screen Reader Series

Learn to use the National Library Service's free program for audio and braille books and magazines.

Online, braille and DTB

- BARD Screen Reader: Applying for a BARD Account
- BARD Screen Reader: Intro to BARD Express Main Menu
- BARD Screen Reader: Browsing BARD's Recently Added and Most Popular Books
- BARD Screen Reader: Search BARD
- BARD Screen Reader: Downloading and Transferring Book to Cartridge
- BARD Screen Reader: Settings and Preferences

Amazon Fire TV Stick Series

Learn about the Amazon Fire TV stick's built-in features that make using easier with vision loss.

Online, braille, large print and DTB

- The Remote
- Accessibility Features
- Low Vision Features
- VoiceView Screen Reader
- Audio Description
- Other Helpful Features

Daily living

Safety Basics Series

In an emergency like a fire or natural disaster you need to act fast. Being prepared can make all the difference. Learn the essentials.

Online, braille, large print and DTB

- Safety Basics: Emergency Contact List
- Safety Basics: Disaster Kit
- Safety Basics: Fire Safety
- Safety Basics: Working with Assistants

Labels for Everyday Use Series

When vision changes, it can be harder to find the information and items you need. Discover new ways to label objects you use everyday.

Online, braille, large print and DTB

- Labels: Label It Large
- Labels: Audio Labels
- Labels: Labels You Touch

Cooking Series

Continue to prepare your own food, whatever your level of vision. Learn tips to keep cooking safe and enjoyable.

Online, braille, large print and DTB

- Cooking: Pouring
- Cooking: Using Sharp Knives
- Cooking: Kitchen Safety Basics
- Cooking: Stovetop and Oven
- Cooking: Is It Done?
- Cooking: Measuring Dry Ingredients
- Cooking: Mixing and Spreading
- Cooking: Measuring Liquid Ingredients

Dining Out Series

Whatever your level of vision, you can still enjoy a meal out with friends. Learn tips and tricks to make dining out less stressful.

Online, braille, large print and DTB

- What's on the Table
- Fast Food Dining
- Restaurant Dining Tips and Tricks
- Family Style Meals
- Cafeterias, Salad Bars, and Buffets
- Money Organization and Paying the Bill
- Tips for Cutting Meat
- Tips for Soup and Salad

Staying Connected Series

Changing vision can make things like writing notes or dialing the phone more difficult. Learn new ways to approach these everyday tasks.

Online, braille, large print and DTB

- Staying Connected: Dialing the Phone
- Staying Connected: Signing Your Name
- Staying Connected: Taking Notes
- Staying Connected: Telling Time
- Staying Connected: Choosing a Home Phone
- Staying Connected: Choosing a Cell Phone

Home Repair Series

Maintain and repair things in your home, no matter your vision.

Online, braille, large print and DTB

- Plugging into Sockets
- Measuring Tips and Tricks
- Hammers, Screwdrivers, and Work Around the House
- Power Tools
- Sanding and Patching Drywall

Taking the Stairs Series

You don't have to stop taking the stairs, even if you can't see them well. Discover tips on how to navigate stairs safely and confidently.

Online, braille, large print and DTB

- Taking the Stairs: One Stair at a Time
- Taking the Stairs: With a Support Cane

Tips for Guided Walking Series

No matter how well you get around on your own, there may be times when asking for help just makes sense. Learn tips to make walking with someone's help more comfortable.

Online, braille, large print and DTB

- Guided Walking: Doors
- Guided Walking: Getting into a Car

Guided Walking: Basics

Guided Walking: Narrow Passages

Guided Walking: Sitting Down

Guided Walking: Switching Sides

Guided Walking: Using the Stairs with Someone Guiding You

Clothing Series

Organize your closet and make removing stains and doing laundry easier chores.

Online, braille, large print and DTB

Clothing: Closet Organization

Clothing: Doing Your Laundry

Clothing: Treating Stains

Clothing: Ironing

Makeup Series

Putting on makeup and feeling confident that you've got it the way you want it is possible no matter your vision. But you may need to tweak your approach a bit.

Online, braille, large print and DTB

Makeup: Eyes

Makeup: Face

Makeup: Lips

Men's Personal Care Series

Adding just a few steps to your routine can help with personal care, no matter your level of vision. From nail care to shaving, and everything in between, learn tips, tricks, and new things to try.

Online, braille, large print and DTB

Men's Personal Care: Nail Care

Men's Personal Care: Hair Care

Men's Personal Care: Shaving

Men's Personal Care: Restrooms

Women's Personal Care Series

Continue to look and feel your best, no matter your level of vision. Learn tips, tricks, and new techniques for taking care of your hair, nails, etc.

Online, braille, large print and DTB

Women's Personal Care: Hair Care

Women's Personal Care: Nail Care

Women's Personal Care: Nail Polishing

Women's Personal Care: Shaving

Low Vision Series

Some basic adjustments can make living with low vision a bit easier.

Online, braille, large print and DTB

Low Vision: Let's Talk Lighting

Low Vision: Contrasting Colors

Low Vision: From the Corner of Your Eye

Low Vision: Color Filters

Glare

Making Your Home Low Vision Friendly

Cleaning Your House Series

How can you make sure your house is really clean? Do it yourself using a few common sense techniques.

Online, braille, large print and DTB

Cleaning Countertops and Other Flat Surfaces

Sweeping

Vacuuming and Mopping

The Makings of a Fresh, Clean Bed

Cleaning Your Bathroom

Organizing Your Home Series

Find things around your home more readily. Learn simple organizing techniques that can make a huge difference.

Online, braille, large print and DTB

Organizing Your Home: Kitchen

Creating an Organized Office Space

Organizing Your Workshop

Navigating Unfamiliar Places and Spaces Series

You can safely explore unfamiliar places on your own, no matter your level of vision. Learn how.

Online, braille, large print and DTB

Exploring New Rooms

Protecting Yourself from Bumping into Things

Getting Where You Need to Go

Using Landmarks and Clues

Finding the Right Address

Finding the Right Room

Finding the Right Direction

O & M Basics Series

Learn ways to prevent falls, find things you've dropped, and more confidently navigate unknown spaces.

Online, braille, large print and DTB

Finding Things You've Dropped

Preventing Falls

Guide Dogs Series

Have you considered getting a guide dog but have some questions first? Learn more.

Online, braille, large print and DTB

- Guide Dog Basics
- Common Misconceptions About Guide Dogs
- Weighing the Pros and Cons

Magnifiers Series

If we need to magnify text to see it, there are many ways to get the job done.

Online and large print

- Handheld Magnifiers
- Digital Handheld Video Magnifiers
- Desktop Digital Magnifiers
- Monoculars and Telescopes

Medication Series

Safely and accurately manage your medications, no matter your level of vision.

Online, braille, large print and DTB

- Measuring Liquid Medicine
- Labeling Medications
- Using Eye Drops

Grocery Shopping Series

Shop at the grocery store with confidence, no matter your level of vision.

Online, braille, large print and DTB

- Planning Ahead
- At the Store

Babysitting Series

When vision changes, you may need a new approach to babysitting.

Online, braille, large print and DTB

- Feeding and Diaper Changing
- Safety Tips
- Playtime

CVS Pharmacy Spoken Rx Series

CVS Pharmacy Spoken Rx reads aloud all the information on your CVS prescriptions.

Online, braille, large print and DTB

- Getting Started
- Exploring iPhone App
- Scanning Prescription with iPhone App
- Exploring Android App
- Scanning Prescription with Android App
- Exploring Stand Alone Reader

Scanning Prescription with Stand Alone Reader

Caring For Your Pets Series

With a few tips and tricks you can keep your pet happy and healthy no matter your level of vision.

Online, braille, large print and DTB

The Basics

Cats and Dogs

Managing Diabetes Series

Manage your diabetes with confidence, no matter your level of vision.

Online, braille, large print and DTB

Checking Your Blood Sugar

Measuring Insulin

Using the White Cane Series

Is a white cane right for you? Learn the basics to decide.

Online, braille, large print and DTB

White Cane Basics

White Cane Types

White Cane Techniques

Reading with Vision Loss

Reading gets difficult when you've lost some vision. We've got tips and tools that can help.

Online, braille, large print and DTB

- Reading with Vision Loss
- Low Vision: Let's Talk Lighting
- Handheld Magnifiers
- Glare
- Exploring the Seeing AI App for Android
- Standard Talking Book Player: Getting to Know Your NLS Player
- Braille for Everyday Use: Letters A-C

Adjusting to vision loss

You, Your Vision, and Your Doctor Series

Get the most out of visits to the eye doctor and more fully understand the terms used for degrees of vision loss.

Online, braille, large print and DTB

- Visiting Your Eye Doctor
- Degrees of Vision Loss
- Coming to Grips with Vision Loss

Living with Macular Degeneration

Living with macular degeneration may mean adjusting some parts of your daily routine.

Online, braille, large print and DTB

Living with Macular Degeneration

Glare

Cooking: Pouring

Preventing Falls

When Vision Loss Brings Grief

Living with Glaucoma

Living with glaucoma may mean adjusting some parts of your daily routines.

Online, braille, large print and DTB

Living with Glaucoma

Using Eye Drops

Glare

Preventing Falls

When Vision Loss Brings Grief

Living with Diabetic Retinopathy

Living with diabetic retinopathy may mean adjusting some parts of your daily routine.

Online, braille, large print and DTB

Living with Diabetic Retinopathy

Checking Your Blood Sugar

Handheld Magnifiers

Preventing Falls

When Vision Loss Brings Grief

Living with Cataracts

Living with cataracts may mean adjusting some parts of your daily routines.

Online, braille, large print and DTB

Living with Cataracts

Cooking: Pouring

Making Your Home Low Vision Friendly

Preventing Falls

When Vision Loss Brings Grief

The Emotional Impact of Vision Loss

Emotional struggles often come alongside vision loss. Hear how others are adjusting and learn coping strategies that can help.

Online

When Vision Loss Brings Grief

When Emotions Feel Overwhelming

When Asking for Help Feels Hard

When You Feel Alone

When Relationships Change

When You Feel Like a Burden

Seeing Yourself Beyond Vision Loss

Recreation

Games Series

Keep playing the games you love, no matter your level of vision.

Online, braille, large print and DTB

Playing and Adapting Games

Chess and Checkers

Card Games

Keeping Score and Time

Playing Trivia Games

Keeping the Fun in Golf, Bowling, and Swimming

Backyard Games

Pen and Paper Puzzles

Jigsaw Puzzles

Container Gardening Series

Whether you have a green thumb, or would like to develop one, you can learn practical tips about starting a container garden in your home.

Online, braille, large print and DTB

- Container Gardening: The Basics
- Container Gardening: Finding a Location

Sewing Series

Learn new ways to thread a needle and get back to sewing and mending.

Online, braille, large print and DTB

- Threading a Needle
- Useful Sewing Tips
- Using Patterns and Cutting Fabric

Birds and Bird Songs Series

Vision doesn't matter when the best possible way to get to know your feathered friends is through their songs.

Online, braille, large print and DTB

- Enjoying Bird Songs
- Create a More Bird Friendly Space

Sports and Exercise Series

If you're looking to increase your level of physical activity, finding the right support and learning some helpful tips are essential, no matter your level of vision.

Online, braille, large print and DTB

- Running
- Biking

Downhill Skiing

Boating and Open Water Swimming

Joining an Exercise Class

Using Workout Equipment at Home

Working Out at the Gym

Crafting Series

Vision loss doesn't need to put an end to your knitting, crocheting or other crafts. But you may need to approach these hobbies slightly differently.

Online, braille, large print and DTB

Knitting and Crocheting: Yarn and Tools

Knitting and Crocheting: Tips and Tricks

Android

Listen with TalkBack Series

Discover Android's TalkBack feature. When you can't see the screen, listen instead.

Online, braille, large print and DTB

Android TalkBack: On and Off

Android TalkBack: TalkBack Basics

Android TalkBack: Two Finger Gestures

Android TalkBack: Three and Four Finger Gestures

Android TalkBack: Reading and Navigation

Android TalkBack: Volume Controls

Android TalkBack: Notifications

Android TalkBack: Applications and Home Screen

Android TalkBack: Phone Calls

Android TalkBack: Navigating Websites

Android TalkBack: The Play Store

Android: Low Vision Features Series

Android phones have updated features. Learn about them in our updated workshops. Learn to adjust your magnification, color, font size and much more.

Online, large print and DTB

Android Low Vision: Enlarging Font and Display Size

Android Low Vision: High Contrast Text

Android Low Vision: Color Inversion

Android Low Vision: Magnify with Accessibility Button

Android Low Vision: Magnify Full and Partial Screen with Accessibility Button

Android Low Vision: Quick Zoom with Accessibility Button

Android Low Vision: Magnify Full Screen and Quick Zoom with Triple Tap

Android Low Vision: Magnify Full and Partial Screen with Triple Tap

Android Low Vision: Remove Animations

Android Low Vision: Color Correction

Android Low Vision: Select to Speak

Android Low Vision: Reading Mode

Seeing AI Android Low Vision Series

Learn how to use the Seeing AI app on your Android device.

Online and DTB

Exploring the Seeing AI App for Android

Reading Short Text with Seeing AI for Android

Reading Documents with Seeing AI for Android

Identifying Products with Seeing AI for Android

Identifying Money with Seeing AI for Android

Seeing AI Android TalkBack Series

Learn how to use the Seeing AI app on your Android device using TalkBack.

Online and DTB

Exploring the Seeing AI App for Android TalkBack

Reading Short Text with Seeing AI and Android TalkBack

Reading Documents with Seeing AI and Android TalkBack

Identifying Products with Seeing AI and Android TalkBack

Identifying Money with Seeing AI and Android TalkBack

Apple

Writing Series

Discover how to use iPhone/iPad speech-to-text features and Notes app, how to type, and edit your text.

Online, braille, large print and DTB

iPhone/iPad VoiceOver: Typing

iPhone/iPad VoiceOver: Notes App

iPhone/iPad VoiceOver: Selecting, Copying, and Pasting Text

iPhone/iPad VoiceOver: Dictation

Apple TV Series

Learn how to customize your Apple TV to better meet your needs.

Online, braille, large print and DTB

Apple TV: Siri Remote

Apple TV: Low Vision Accessibility

Apple TV: VoiceOver Basics

Apple TV: VoiceOver On and Off

Apple TV: Zoom Magnification Basics

Calls, Texts and Emails Series

Use your iPhone's VoiceOver screen reader to make phone calls, send text messages, emails, and more.

Online, braille, large print and DTB

- **iPhone/iPad VoiceOver: Phone Calls**
- **iPhone/iPad VoiceOver: Voicemail**
- **iPhone/iPad VoiceOver: Text Messages**
- **iPhone/iPad VoiceOver: Email**
- **iPhone/iPad VoiceOver: Contacts**

Web Browsing Series

Browse and search the web on your iPhone or iPad using the VoiceOver screen reader feature.

Online, large print and DTB

- **iPhone/iPad VoiceOver: Search the Web**
- **iPhone/iPad VoiceOver: Save Favorite Sites**
- **iPhone/iPad VoiceOver: Safari Reader**

Listen with VoiceOver Series

When you can’t see the screen, listen instead using your iPhone/iPad's VoiceOver.

Online, braille, large print and DTB

- **iPhone/iPad VoiceOver: 1 Finger Gestures**

iPhone/iPad VoiceOver: On and Off

iPhone/iPad VoiceOver: Home Screen Gestures

iPhone/iPad VoiceOver: Setting Shortcuts

iPhone/iPad VoiceOver: 2 Finger Gestures

iPhone/iPad VoiceOver: 4 Finger Gestures

iPhone/iPad VoiceOver: 3 Finger Gestures

iPhone/iPad VoiceOver: Rotor Gesture

iPhone/iPad VoiceOver: Control Center

iPhone/iPad VoiceOver: Notification Center

iPhone/iPad VoiceOver: Home Button Gestures

iPhone/iPad VoiceOver: App Switcher and Actions

Swift Playgrounds Coding Game Series

Learn Apple's Swift programming language through interactive games on the Swift Playgrounds app.

Online

Swift Playgrounds: Custom Rotor Actions

Swift Playgrounds: Downloading and Managing Playgrounds

Swift Playgrounds: Entering Code

Swift Playgrounds: Exploring the Playground

Swift Playgrounds: Simple Puzzle

Swift Playgrounds: World Grid

Entertainment Series

Learn how to use VoiceOver for music and entertainment apps.

Online, braille, large print and DTB

iPhone/iPad VoiceOver: Music Player Basics

iPhone/iPad VoiceOver: Music Library Basics

iPhone/iPad VoiceOver: Audio Description Basics

iPhone/iPad VoiceOver: Audio Descriptions in iTunes

iPhone/iPad VoiceOver: The App Store

iPhone/iPad VoiceOver: Voice Dream Reader App

Apple AirTags: Low Vision Series

Learn how these handy tools can make finding your stuff a lot easier.

Online, large print and DTB

AirTags Low Vision: Setting It Up

AirTags Low Vision: Finding Nearby Items

AirTags Low Vision: Finding Items Further Away

Apple AirTags: VoiceOver Series

VoiceOver users, the search for misplaced items just got a lot easier.

Online, braille and DTB

- AirTags Screen Reader: Setting It Up
- AirTags Screen Reader: Finding Nearby Items
- AirTags Screen Reader: Finding Items Further Away

iPhone/iPad: Low Vision Features Series

Learn how to customize your iPhone/iPad to better meet low vision needs: magnify, adjust colors, zoom in and out, text to speech, and more.

Online, large print and DTB

- iPhone/iPad Low Vision: Beginning Zoom Gestures
- iPhone/iPad Low Vision: Adjusting the Text Size
- iPhone/iPad Low Vision: Turning on Dark Mode
- iPhone/iPad Low Vision: Adjusting the Brightness
- iPhone/iPad Low Vision: Magnifiers
- iPhone/iPad Low Vision: Using the Speak Screen Feature
- iPhone/iPad Low Vision: Typing Feedback
- iPhone/iPad Low Vision: Setting Accessibility Shortcuts

Siri Series

Your iPhone has a built-in personal assistant named Siri. Using Siri is a great way to get things done.

Online, braille, large print and DTB

iPhone/iPad: Siri for Phone Calls

iPhone/iPad: Siri for Texting

iPhone/iPad: Siri for Reminders

iPhone/iPad: Siri for Walking Directions

iPhone/iPad: Siri for Alarms

iPhone/iPad: Siri for Weather

iPhone/iPad: Siri for Do not Disturb

iPhone/iPad: Siri for Timers

iPhone/iPad: Siri for Appointments

Mac Low Vision Series

Learn how to customize your Mac to better meet low vision needs.

Online, large print and DTB

Making the Display Easier to See

Making the Desktop Easier to See

Choosing Color, Contrast, and Size

Screen Magnifier: Zoom

Zoom Magnifying Styles

Spoken Content Feature

Apple Watch Series

The Apple Watch has lots of cool features and options for folks with vision loss. Learn how to get the most out of it.

Online, braille, large print and DTB

- Apple Watch: Watch Face
- Apple Watch: Notification Center
- Apple Watch: Control Center
- Apple Watch: Digital Crown
- Apple Watch: Side Button
- Apple Watch: Rotor
- Apple Watch: Zoom

Seeing AI Apple Low Vision Series

"Seeing AI" is a free app for iPhones/iPads that reads out loud what's in front of the camera.

Online, large print and DTB

- Exploring the Seeing AI App for Apple
- Reading Short Text with Seeing AI for Apple
- Reading Documents with Seeing AI for Apple
- Identifying Products with Seeing AI for Apple
- Identifying Money with Seeing AI for Apple

Seeing AI Apple VoiceOver Series

Learn how to use the Seeing AI app on your Apple device using VoiceOver.

Online and DTB

- Exploring the Seeing AI App for Apple VoiceOver
- Reading Short Text with Seeing AI and Apple VoiceOver
- Reading Documents with Seeing AI and Apple VoiceOver
- Identifying Products with Seeing AI and Apple VoiceOver
- Identifying Money with Seeing AI and Apple VoiceOver

Computer Skills

Getting Online: Low Vision Series

Learn the basics of getting online and navigating websites.

Online, large print and DTB

- Getting Online Low Vision: Exploring the Browser
- Getting Online Low Vision: Low Vision in Chrome
- Getting Online Low Vision: Website Basics
- Getting Online Low Vision: Online Searches
- Getting Online Low Vision: Navigating Websites
- Getting Online Low Vision: Interacting with Websites
- Getting Online Low Vision: Saving Favorite Websites

Customizing Windows for Low Vision Series

Learn to customize your Windows experience to fit your low vision needs using Ease of Access.

Online, large print and DTB

- Windows Low Vision: Adjustments at Login
- Windows Low Vision: Ease of Access
- Windows Low Vision: Display Options
- Windows Low Vision: Simplifying Display
- Windows Low Vision: Color Filters
- Windows Low Vision: High Contrast
- Windows Low Vision: Mouse Settings
- Windows Low Vision: Accessing the Keyboard
- Windows Low Vision: Pointer
- Windows Low Vision: Cursor
- Windows Low Vision: Windows Magnifier
- Windows Low Vision: Color
- Windows Low Vision: Background
- Windows Low Vision: Icons
- Windows Low Vision: Fonts

Windows Low Vision: Magnifier Reader

Windows Narrator Series

Discover Windows Narrator, a built-in feature that reads aloud the text on your screen.

Online, braille and DTB

Windows Narrator: Getting Started

Windows Narrator: Views

Windows Narrator: Scan Mode

Windows Narrator: Settings

Windows Narrator: Everyday Tasks

Getting Online: Screen Reader Series

Learn the basics of getting online and navigating websites with a screen reader.

Online, braille and DTB

Getting Online Screen Reader: Exploring the Browser

Getting Online Screen Reader: Exploring a Web Page

Getting Online Screen Reader: Getting Around on the Web

Getting Online Screen Reader: Online Searches

Getting Online Screen Reader: Items on a Web Page Basics

Getting Online Screen Reader: Items on a Web Page Additional Elements

Getting Online Screen Reader: Saving Favorite Websites

Keyboarding Series

Learn some tips and tricks for making your keyboard work harder for you, no matter your vision.

Online, braille, large print and DTB

Keyboard Shortcuts

Finding Keys Faster

Making Your Keyboard Easier to See

Google Docs: Low Vision Series

Learn tips and tricks that make Google Docs much easier to navigate with low vision.

Online, large print and DTB

Google Docs Low Vision: Creating an Account

Google Docs Low Vision: Low Vision Features

Google Docs Low Vision: Home Page

Google Docs Low Vision: Creating and Opening Documents

Google Docs Low Vision: Sharing Your Files with Others

Google Docs Low Vision: Converting Your Docs to Word Files and PDF

Google Docs Low Vision: Converting Word and PDFs into Google Docs

Google Docs Low Vision: Shortcuts Tips and Tricks

Google Docs: Screen Reader Series

Learn to navigate the many features of Google Docs with your screen reader.

Online, braille and DTB

- Google Docs Screen Reader: Creating an Account
- Google Docs Screen Reader: Creating and Opening Documents
- Google Docs Screen Reader: Sharing Your Files with Others
- Google Docs Screen Reader: Converting your Docs to Word Files and PDF
- Google Docs Screen Reader: Converting Word and PDFs into Google Docs
- Google Docs Screen Reader: Shortcuts Tips and Tricks

Facebook Low Vision Series

Get started with Facebook, no matter your vision.

Online, braille, large print and DTB

- Getting Started
- Your Profile
- Homepage
- Friends
- Creating a Post
- Reacting to Posts
- Groups

Facebook Screen Reader Series

Use your screen reader to get started on Facebook.

Online, braille, large print and DTB

- Exploring the Home Page
- Adding a Profile
- Friending
- Creating a Post
- Reacting to a Post
- Groups

NVDA Screen Reader Series

Learn to use this free computer program that reads aloud everything on your computer screen.

Online, braille, large print and DTB

- Getting Started
- Customizing How NVDA Speaks
- Useful Shortcuts
- Everyday Tasks

Alexa and Zoom

Zoom Series

Learn how to join a Zoom conference call. We'll cover the basics of a Zoom invite, how to join by phone, computer or smartphone app as well as how to

participate during a session.

Online, braille, large print and DTB

- Zoom: Before You Join
- Zoom: Join By App
- Zoom: Join By Computer
- Zoom: Join By Dialing the Phone
- Zoom: One-Tap Zoom

Alexa Series

The Amazon Echo can help with tasks and provide information and entertainment, all through simple voice commands.

Online, braille, large print and DTB

- Alexa: Setting It Up
- Alexa: Talking to Your Alexa
- Alexa: Tasks in the Kitchen
- Alexa: Lists and Reminders
- Alexa: Music Podcasts and Books
- Alexa: Using the Skills Feature

By touch

Producing Braille Series

Learn how to produce your own braille using a Perkins Braillewriter and a braille label maker.

Online, braille, large print and DTB

Perkins Brailler

Braille Labeler

Slate and Stylus

Braille for Everyday Use: Letters Series

Teach your fingers to read buttons on an elevator or labels in your home in this series of interactive workshops.

Online

Braille for Everyday Use: Letters A-C

Braille for Everyday Use: Letters D-G

Braille for Everyday Use: Letters H-J

Braille for Everyday Use: Letters K-M

Braille for Everyday Use: Letters N-P

Braille for Everyday Use: Letters Q-T

Braille for Everyday Use: Letters U-W

Braille for Everyday Use: Letters X-Z

Braille for Everyday Use: Numbers Series

When you teach your fingers to read braille numbers, you can take the elevator with more confidence.

Online and braille

- Numbers
- Numbers: decimal, comma, fraction
- Numbers: hyphen, colon, dollar

Techniques for Better Reading Series

Learn a few tips and techniques to improve your reading speed and accuracy.

Online, braille, large print and DTB

- Techniques for Better Reading: Beginner
- Techniques for Better Reading: Advanced

Braille for Everyday Use: Punctuation Series

Learn punctuation and capital letters and begin to read full sentences in braille.

Online

- Punctuation: Caps, Period, Question, Exclamation
- Punctuation: Comma, Apostrophe, More Caps
- Punctuation: Quotes and Parentheses
- Punctuation: Colon, Semicolon, Forward Slash
- Punctuation: Hyphen, Dash, Ellipses

Everyday Braille Writing: Letters Series

Learn how to write braille through this series of interactive workshops.

Online and braille

Audio options: **Online and DTB**

- Everyday Braille Writing: A-C
- Everyday Braille Writing: D-G
- Everyday Braille Writing: H-J
- Everyday Braille Writing: K-M
- Everyday Braille Writing: N-P
- Everyday Braille Writing: Q-T
- Everyday Braille Writing: U-W
- Everyday Braille Writing: X-Z

Contracted Braille Series

When you teach your fingers to read braille contractions, you can start reading braille signs in public places.

Online

- Workshop 1: Alphabetic Wordsigns
- Workshop 2: More Alphabetic Wordsigns
- Workshop 3: Final Alphabetic Wordsigns
- Workshop 4: Strong Contractions and, for, with, the, of
- Workshop 5: Strong Wordsigns child, out, this, shall, still, which
- Workshop 6: Strong Groupsigns ch, sh, th, wh, ou, st

Workshop 7: More Strong Groupsigns ar, ed, ow, er, gh, ing

Workshop 8: Lower Wordsigns his, was, were, be

Workshop 9: Lower Contractions enough/in, en/in

Workshop 10: Lower Groupsigns be, con, dis

Workshop 11: More Lower Groupsigns ea, bb, cc, ff, gg

Workshop 12: Dot 5 Words

Workshop 13: More Dot 5 Words

Workshop 14: Final Dot 5 Words

Workshop 15: Dot 45 Contractions

Workshop 16: Dot 456 Contractions

Workshop 17: Dot 56 Final-Letter Contractions

Workshop 18: Dot 46 Final-Letter Contractions

Workshop 19: Shortforms Set 1

Workshop 20: Shortforms Set 2

Workshop 21: Shortforms Set 3

Workshop 22: Shortforms Set 4

Workshop 23: Shortforms Set 5

Workshop 24: Shortforms Set 6

Workshop 25: Shortforms Set 7

Workshop 26: Shortforms Set 8

Workshop 27: Shortforms Set 9

Workshop 28: Grade 1 Indicator

Everyday Braille Writing: Numbers Series

Learn how to write braille numbers through this series of interactive workshops.

Online and braille

Audio options: **Online and DTB**

Everyday Braille Writing: Numbers

Everyday Braille Writing, Numbers: Decimal, Comma, Fraction

Everyday Braille Writing, Numbers: Hyphen, Colon, Dollar

Everyday Braille Writing: Punctuation Series

Use braille punctuation and capital letters to write sentences and notes in braille.

Online and braille

Audio options: **Online and DTB**

Everyday Braille Writing, Punctuation: Caps, Period, Question, Exclamation

Everyday Braille Writing, Punctuation: Comma, Apostrophe, More Caps

Everyday Braille Writing, Punctuation: Quotes and Parentheses

Everyday Braille Writing, Punctuation: Colon, Semicolon, Forward Slash

Everyday Braille Writing, Punctuation: Hyphen, Dash, Ellipses

Contracted Braille Writing Series

When you teach your fingers how to write contracted braille, you can use it for home and work communications.

Online

Contracted Braille Writing 1: Alphabetic Wordsigns

Contracted Braille Writing 2: More Alphabetic Wordsigns

Contracted Braille Writing 3: Final Alphabetic Wordsigns

Contracted Braille Writing 4: Strong Contractions and, for, with, the, of

Contracted Braille Writing 5: Strong Wordsigns child, out, this, shall, still, which

Contracted Braille Writing 6: Strong Groupsigns ch, sh, th, wh, ou, st

Contracted Braille Writing 7: More Strong Groupsigns ar, ed, ow, er, gh, ing

Contracted Braille Writing 8: Lower Wordsigns his, was, were, be

Contracted Braille Writing 9: Lower Contractions enough/in, en/in

Contracted Braille Writing 10: Lower Groupsigns be, con, dis

Contracted Braille Writing 11: More Lower Groupsigns ea, bb, cc, ff, gg

Contracted Braille Writing 12: Dot 5 Words

Contracted Braille Writing 13: More Dot 5 Words

Contracted Braille Writing 14: Final Dot 5 Words

Contracted Braille Writing 15: Dot 45 Contractions

Contracted Braille Writing 16: Dot 456 Contractions

Contracted Braille Writing 17: Dot 56 Final-Letter Contractions

Contracted Braille Writing 18: Dot 46 Final-Letter Contractions

Contracted Braille Writing 19: Shortforms Set 1

Contracted Braille Writing 20: Shortforms Set 2

Contracted Braille Writing 21: Shortforms Set 3

Contracted Braille Writing 22: Shortforms Set 4

Contracted Braille Writing 23: Shortforms Set 5

Contracted Braille Writing 24: Shortforms Set 6

Contracted Braille Writing 25: Shortforms Set 7

Contracted Braille Writing 26: Shortforms Set 8

Contracted Braille Writing 27: Shortforms Set 9

Contracted Braille Writing 28: Grade 1 Indicator

Braille Special Symbols Writing Series

When you teach your fingers to write braille special symbols, you can jot down electronic addresses, recipes, and measurements.

Online and braille

Audio options: **Online and DTB**

Braille Special Symbols Writing 1 - Special Symbols and Electronic Addresses

Braille Special Symbols Writing 2 - Special Punctuation

Braille Special Symbols Writing 3 - Measurement and Money

Braille Special Symbols Writing 4 - Basic Math Symbols

Braille Special Symbols Writing 5 - Accent Marks

Braille Special Symbols Writing 6 - Capital Passage

Braille Special Symbols Writing 7 - Bold, Underline and Italics

Braille Special Symbols Series

When you teach your fingers to read braille special symbols, you can read email and web addresses, measurements, and currency.

Online and braille

Audio options: **Online and DTB**

Braille Special Symbols 1 - Special Symbols and Electronic Addresses

Braille Special Symbols 2 - Special Punctuation

Braille Special Symbols 3 - Measurement and Money

Braille Special Symbols 4 - Basic Math Symbols

Braille Special Symbols 5 - Accent Marks

Braille Special Symbols 6 - Capital Passage

Braille Special Symbols 7 - Bold, Underline, Italics

By sight

Basic Braille by Sight: Reading Series

Learn to read braille letters, numbers and basic punctuation through a series of interactive workshops. Learning braille has never been this much fun!

Online

Braille Reading by Sight: Letters a - j

Braille Reading by Sight: Letters k - t

Braille Reading by Sight: Letters u - z

Braille Reading by Sight: Numbers

Braille Reading by Sight: Numbers with Punctuation

Braille Reading by Sight: Fractions, Money, Time

Braille Reading by Sight: Capital Letters and Basic Punctuation

Braille Reading by Sight: More Punctuation

Basic Braille by Sight: Writing Series

Learn the keystrokes used to create braille using your computer's keyboard in this series of interactive workshops.

Online

Braille Writing by Sight: Letters a - j

Braille Writing by Sight: Letters k - t

Braille Writing by Sight: Letters u - z

Braille Writing by Sight: Numbers

Braille Writing by Sight: Numbers with Punctuation

Braille Writing by Sight: Fractions, Money, Time

Braille Writing by Sight: Capital Letters and Basic Punctuation

Braille Writing by Sight: More Punctuation

Contracted Braille by Sight: Reading Series

Learn to read contracted braille by seeing, hearing and doing. And have some fun along the way.

Online

Braille Reading by Sight: 11 Alphabetic Wordsigns

Braille Reading by Sight: 12 More Alphabetic Wordsigns

Braille Reading by Sight: Strong Contractions and, for, of, the, with

Braille Reading by Sight: Strong Wordsigns child, shall, this, which, out, still

Braille Reading by Sight: Strong Groupsigns ch, sh, th, wh, ou, st

Braille Reading by Sight: Strong Groupsigns: ar, ed, er, gh, ow, ing

Braille Reading by Sight: Lower Wordsigns: was, his, were, be

Braille Reading by Sight: Lower Wordsigns and Groupsigns: enough/in, en/in

Braille Reading by Sight: Lower Groupsigns: be, con, dis

Braille Reading by Sight: Lower Groupsigns: ea, bb, cc, ff, gg

Braille Reading by Sight: Dot 5 Words

Braille Reading by Sight: More Dot 5 Words

Braille Reading by Sight: Dot 45 Contractions

Braille Reading by Sight: Dot 456 Contractions

Braille Reading by Sight: Dot 56 Final-Letter Groupsigns

Braille Reading by Sight: Dot 46 Final-Letter Groupsigns

Braille Reading by Sight: Shortforms Set 1

Braille Reading by Sight: Shortforms Set 2

Braille Reading by Sight: Shortforms Set 3

Braille Reading by Sight: Shortforms Set 4

Braille Reading by Sight: Shortforms Set 5

Braille Reading by Sight: Shortforms Set 6

Braille Reading by Sight: Shortforms Set 7

Braille Reading by Sight: Shortforms Set 8

Braille Reading by Sight: Shortforms Set 9

Braille Reading by Sight: Grade 1 Indicator

Contracted Braille by Sight: Writing Series

Learn the keystrokes used to create contracted braille using your computer's keyboards in this series of interactive workshops.

Online

- Braille Writing by Sight: Eleven Alphabetic Wordsigns
- Braille Writing by Sight: Twelve Alphabetic Wordsigns
- Braille Writing by Sight: Strong Contractions and, for, of, the, with
- Braille Writing by Sight: Strong Wordsigns child, shall, this, which, out, still
- Braille Writing by Sight: Strong Groupsigns ch, sh, th, wh, ou, st
- Braille Writing by Sight: Strong Groupsigns ar, ed, er, gh, ow, ing
- Braille Writing by Sight: Lower Wordsigns was, his, were, be
- Braille Writing by Sight: Lower Wordsigns and Groupsigns enough, in, en, in
- Braille Writing by Sight: Lower Groupsigns be, con, dis
- Braille Writing by Sight: Lower Groupsigns ea, bb, cc, ff, gg
- Braille Writing by Sight: Dot 5 Words
- Braille Writing by Sight: More Dot 5 Words
- Braille Writing by Sight: Dot 45 Contractions
- Braille Writing by Sight: Dot 456 Contractions
- Braille Writing by Sight: Dot 56 Final Letter Groupsigns

Braille Writing by Sight: Dot 46 Final Letter Groupsigns

Braille Writing by Sight: Shortforms Set One

Braille Writing by Sight: Shortforms Set Two

Braille Writing by Sight: Shortforms Set Three

Braille Writing by Sight: Shortforms Set Four

Braille Writing by Sight: Shortforms Set Five

Braille Writing by Sight: Shortforms Set Six

Braille Writing by Sight: Shortforms Set Seven

Braille Writing by Sight: Shortforms Set Eight

Braille Writing by Sight: Shortforms Set Nine

Braille Writing by Sight: Grade One Indicator

Special Braille Symbols: Reading Series

Learn to read special braille symbols, punctuation and type forms.

Online

Braille Reading by Sight: Special Symbols and Electronic Addresses

Braille Reading by Sight: Single Quotes, Square and Curly Brackets

Braille Reading by Sight: Special Symbols and Punctuation

Braille Reading by Sight: Accent Marks

Braille Reading by Sight: Capital Passage Indicator and Terminator

Braille Reading by Sight: Typeforms: Bold, Underline, Italics

Special Braille Symbols: Writing Series

Learn to write special braille symbols, punctuation and type forms.

Online

Braille Writing by Sight: Special Symbols and Electronic Addresses

Braille Writing by Sight: Single Quotes, Square and Curly Brackets

Braille Writing by Sight: Special Symbols and Punctuation

Braille Writing by Sight: Accent Marks

Braille Writing by Sight: Capital Passage Indicator and Terminator

Braille Writing by Sight: Typeforms: Bold, Underline, Italics

Working

Word with Screen Reader Series

Learn how to use your keyboard and a screen reader to create, navigate and edit Word documents.

Online, braille, large print and DTB

Word with Screen Reader: Navigating the Desktop

Word with Screen Reader: Navigation Commands

Word with Screen Reader: Switching Applications

Word with Screen Reader: Undo Redo

Word with Screen Reader: Selecting Text

Word with Screen Reader: Cut, Copy and Paste

Word with Screen Reader: Text Attributes

Word with Screen Reader: Alignment

Word with Screen Reader: Font Selection

Word with Screen Reader: Spell Checking

Word with Screen Reader: Finding and Replacing Text

Outlook: Screen Reader Series

Having trouble reading your email? Have it read to you instead. Learn how to use a screen reader with Outlook's email, calendar, and more.

Online, braille and DTB

Outlook Screen Reader: Email Send

Outlook Screen Reader: Email Inbox

Outlook Screen Reader: Email Open, Close, Delete

Outlook Screen Reader: Email Reply

Outlook Screen Reader: Email Reply All

Outlook Screen Reader: Email Forward

Outlook Screen Reader: Email Folders

Outlook Screen Reader: Email Move and Copy

Outlook Screen Reader: Email Save Attachment

Outlook Screen Reader: Email Send Attachment

Outlook Screen Reader: Email Signature

Outlook Screen Reader: Email Searching

Outlook Screen Reader: Calendar Basics

Outlook Screen Reader: Create Appointments

Outlook Screen Reader: Using Appointments

Outlook: Low Vision Series

Need help getting started with Microsoft Outlook? Learn the basics of sending and receiving emails, organizing your calendar, and more. Customize your inbox to fit your needs.

Online, large print and DTB

Outlook Low Vision: Getting Started

Outlook Low Vision: Email Send

Outlook Low Vision: Email Open, Close, Delete

Outlook Low Vision: Email Reply

Outlook Low Vision: Email Forward

Outlook Low Vision: Email Organize

Outlook Low Vision: Email Move and Copy

Outlook Low Vision: Email Save Attachment

Outlook Low Vision: Email Send Attachment

Outlook Low Vision: Email Search

Outlook Low Vision: Email Signature

Outlook Low Vision: Dark Mode

Outlook Low Vision: Calendar Basics

Outlook Low Vision: Create Appointments

Outlook Low Vision: Check Appointments

Working with Vision Loss Series

Expert help and some new skills can help you on the job with vision loss.

Online, braille, large print and DTB

Staying on the Job

Talking With Your Employer

Discussion Groups

Live sessions give you a chance to learn from Hadley and others who share your interests. Listen in. Chime in. It's up to you.

Adjusting and Coping Together 1

Adjusting and Coping Together 2

Adjusting and Coping Together 3

Adjusting and Coping Together 4

Asheville Low Vision Support Group

Book Nook

Embracing Braille

Family and Friends Adjusting Together

Finding Our Way

Recreation Chat

Resource Roundtable

Tech It Out

What's Cooking?

Writers' Circle

Visit hadleyhelps.org/discussions to find discussion groups.

Online Audio Podcasts

Hadley Presents: A Conversation with the Experts

Listen as we get the inside scoop from experts on a wide range of topics unique to vision loss.

Visit hadleyhelps.org/podcasts to browse topics and listen in.